



Whistledown

MEABH'S LOUNGE

• breakfast/ brunch menu •

AVAILABLE DAILY 8AM- 12NOON

AVO SMASH- £9.5

SOURDOUGH, BACON, AVOCADO, POACHED EGGS, HOT HONEY DRIZZLE. ♦

CRÈME BRULÉE FRENCH TOAST £8

FRENCH TOAST TOPPED WITH VANILLA CUSTARD,
SCORCHED SUGAR AND BERRIES. (V)

WAFFLES -

WARM BELGIAN WAFFLES, CHOICE OF TOPPING;
FRUIT COMPOTE & MAPLE SYRUP. **£7**

CRISP BACON & MAPLE SYRUP. **£8**

STACKED SODA; CHOOSE FROM;

EGGS BENE -CRISPY BACON, POACHED EGGS & HOLLANDAISE. **£9**

SAUSAGE, BACON & FRIED EGG. **£8**

BREAKFAST BAP - £8

WARM BRIOCHE, IRISH BACK BACON, CLONAKILTY BLACK PUDDING,
FREE RANGE FRIED EGG AND BALLYMALOE RELISH. ♦

BACON & EGGS YOUR WAY - £7.5

IRISH BLACK BACON, FREE RANGE POACHED, FRIED OR SCRAMBLED EGGS,
SET ON TOASTED SOURDOUGH. ♦

MINI FRY- £8

SAUSAGE, BACON, FRIED EGG, BEANS & TOAST. ♦

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FULL IRISH BREAKFAST - £11

ARTISAN SAUSAGE, IRISH BACK BACON, CLONAKILTY BLACK PUDDING,
GRILLED TOMATO, POTATO BREAD, SODA BREAD,
MUSHROOMS AND FREE RANGE FRIED EGG. ♦

HEALTHY GRILL - £8

GRILLED IRISH BACK BACON MEDALLIONS, POACHED EGG, BEANS,
MUSHROOMS & TOMATO. ♦

VEGAN BREAKFAST - £9.5

VEGAN SAUSAGE, GRILLED TOMATO, SAUTÉED MUSHROOMS,
AND SOURDOUGH TOAST. (V) ♦

HOMEMADE SCONE - £4

SERVED WARM WITH BUTTER, PRESERVES, FRESH CREAM AND BERRIES. (V)

TRAYBAKES - £3.5

THE LAMB BAKERY CINNAMON ROLLS -£4

SPECIALITY COFFEE & TEA

TEA £2.5	HERBAL TEA £3	CAPPUCCINO £3.5
ESPRESSO £2.5	ESPRESSO DOPPIO £3.5	CAFÉ MOCHA £3.5
CAFÉ LATTE £3.5	CAFÉ AMERICANO £3.5	HOT CHOCOLATE £3.5

FOOD ALLERGENS & INTOLERANCES

PLEASE ADVISE YOUR SERVER IF YOU SUFFER FROM ANY FOOD ALLERGIES OR INTOLERANCES.

ALLERGEN INFORMATION IS AVAILABLE ON REQUEST.

(♦) GLUTEN FREE VERSION AVAILABLE (V) VEGETARIAN