

### Cereals - £2.00

Alpen, Branflakes, Cornflakes, Weetabix. (n)

### Organic Irish Porridge - £3.00

Served with brown sugar, cinnamon or honey.

### Homemade Granola - £3.95 (HO)

Served with natural yoghurt and fresh berries. (n)

### Bacon Roll - £4.95

Grilled rashers of Irish bacon in a warm bap.

### Clonakilty Black Pudding - £4.95

Served with a poached egg, grilled tomato and toast.

### Toasted Bagel - £4.95

Wholemeal seeded bagel with crispy Irish bacon and poached egg. (n)

### Eggs Benedict - £5.95

Poached eggs served on a muffin with spinach, crisp bacon and hollandaise sauce.

### Free Range Poached Egg - £4.50

Served on toast with a grilled tomato. (v)

### Scrambled Egg - £4.95

Free range scrambled egg served with a grilled tomato and toast. (v)

### Smoked Salmon & Scrambled Egg - £6.95

Smoked salmon and free range scrambled egg served with toast. (v)

### Vegetarian Breakfast - £6.50

Free range scrambled egg with grilled tomato, sautéed mushrooms, potato bread, soda bread and beans. (v)

### Full Irish Breakfast - £7.50

Sausages, bacon, black pudding, grilled tomato, potato bread, soda bread, beans, mushrooms and fried egg.

(v) suitable for vegetarian (n) may contain nuts

(HO) healthy option

### Toast - £2.25

White or wholemeal bread served with preserves. (v)

### Homemade Scone - £1.75

Served warm with jam and fresh cream (v)

### Fruit Juices - £2.00

Pure Orange

Cranberry

Grapefruit

### Tea & Filter Coffee & Decaffeinated Coffee - £1.80

### Speciality Teas - £2.00

English Breakfast, Ceylon Supreme, Earl Grey

Peppermint, Zesty Lemon, Camomile,

Blackcurrant and Green Tea.

Herb & Fruit Infusion - Caffeine free natural fruits.

### Detox Teas - £2.20

Pukka Detox - Organic aniseed, fennel & cardamom.

Pukka Cleanse - Organic nettle, fennel & peppermint.

Pukka Mint Green - Organic whole leaf tea with sweet peppermint.

### Coffees

Cappuccino £2.30

Espresso £1.80

Espresso Doppio £2.30

Café Mocha £2.50

Café Latte £2.30

Café Americano £1.90

Hot Chocolate £2.50

### FOOD ALLERGIES & INTOLERANCES

Please advise your server if you suffer from any food allergies or intolerances. Allergen information available on request.